

Farm 2 School Survey for Students

The program that makes your school food would like to hear your thoughts about fresh food at school. Please share your ideas with us in this survey so we can create a great eating experience at your school together!

*1. What grade are you in?

- 9th
- 10th
- 11th
- 12th

*2. Which school do you go to?

- Saranac Lake High School
- Lake Placid High School
- Tupper Lake High School
- Newcomb Central School
- Other (please specify)

Questions about breakfast

*3. Where do you normally get breakfast on school days? (Choose all that apply)

- The school cafeteria
- I bring my breakfast
- I buy it off campus
- I eat it at home
- I do not eat breakfast
- Other (please specify)

*4. How often do you eat breakfast prepared by the school cafeteria?

- Always
- Almost always
- Sometimes
- Never

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***5. Do you eat breakfast at school more this year than last year?**

- Yes
 No

***6. If you eat breakfast at school more this year, for what reasons? Please check all that apply**

- I don't eat breakfast at school more this year
 Breakfast is served in the classroom
 The cafeteria is open for a longer period of time
 I like what is served for breakfast
 I don't eat breakfast at home
 I'm hungry more often
 Other (please explain)

***7. If you eat breakfast at school less this year, why? Please check all that apply**

- I don't eat breakfast at school less this year
 I eat at home
 I am not hungry
 I don't like what is served for breakfast while I'm at school
 I don't want to eat breakfast in the morning
 Other (please specify)

***8. What is your favorite breakfast food served in the school cafeteria?**

***9. Please name up to three healthy foods you would like to see offered for breakfast at your school**

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***10. "I choose the breakfasts I buy at school based on whether they..." (check all that apply).**

- | | |
|---|---|
| <input type="checkbox"/> Look good | <input type="checkbox"/> Are familiar |
| <input type="checkbox"/> Taste good | <input type="checkbox"/> Are new to me |
| <input type="checkbox"/> Are fresh | <input type="checkbox"/> Are healthy |
| <input type="checkbox"/> Are affordable | <input type="checkbox"/> Are popular |
| <input type="checkbox"/> Are quick to eat | <input type="checkbox"/> Fit my dietary restriction |
| <input type="checkbox"/> Are convenient (hand held) | |
| <input type="checkbox"/> Other (please specify) | |

Questions about lunch

***11. Where do you normally get lunch on school days? (Choose all that apply)**

- The school cafeteria
- I bring my lunch
- I buy it off campus
- I eat it at home
- I do not eat lunch
- Other (please specify)

***12. How often do you eat lunch offered in the school cafeteria?**

- Always
- Almost always
- Sometimes
- Never

***13. What is your favorite lunch food served in the school cafeteria?**

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***14. Please name up to three healthy foods you would like to see offered for lunch at your school**

***15. If you don't always eat lunch at school, please tell us why (choose all that apply).**

- | | |
|---|--|
| <input type="checkbox"/> I bring lunch from home | <input type="checkbox"/> I don't like the food that I bring from home |
| <input type="checkbox"/> I am not hungry | <input type="checkbox"/> School lunch costs a lot of money |
| <input type="checkbox"/> I never eat lunch | <input type="checkbox"/> I forgot my lunch money |
| <input type="checkbox"/> My lunch time is too early in the day | <input type="checkbox"/> I don't have enough time to eat during lunch |
| <input type="checkbox"/> I don't like what is served in the cafeteria | <input type="checkbox"/> People tease me about the food I eat at lunch |
| <input type="checkbox"/> Other (please specify) | |

***16. "I choose the lunches I buy at school based on whether they..." (check all that apply).**

- | | |
|---|---|
| <input type="checkbox"/> Look good | <input type="checkbox"/> Are familiar |
| <input type="checkbox"/> Taste good | <input type="checkbox"/> Are new to me |
| <input type="checkbox"/> Are fresh | <input type="checkbox"/> Are healthy |
| <input type="checkbox"/> Are affordable | <input type="checkbox"/> Are popular |
| <input type="checkbox"/> Are quick to eat | <input type="checkbox"/> Fit my dietary restriction |
| <input type="checkbox"/> Are convenient (hand held) | |
| <input type="checkbox"/> Other (please specify) | |

Your opinion

***17. Is eating LOCAL food important to you?**

- No, not important
- Yes, somewhat important
- Yes, very important

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*18. Is eating HEALTHY food important to you?

- No, not important
- Yes, somewhat important
- Yes, very important

*19. How much of the food at your school do you think comes from each source?

	None	Less than 25%	Between 25% and 50%	51%-75%	More than 75%
School garden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Local farm or orchard	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Regional food distributor (for example, Sysco)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

*20. Where do you learn about food and healthy eating? Please check all that apply.

- As part of a classroom lesson
- In the school cafeteria or kitchen
- From a school cafeteria worker
- As part of an after school program
- As part of a summer program
- From a doctor or nurse
- At a friend's house
- From my parent(s)/caretaker(s)
- Other (please specify)
- From my brother or sister
- From another family member (aunt, uncle, grandparents, etc.)
- From my coach
- From my friends
- Online/the internet
- In magazines
- In books
- From television

*21. If your school cafeteria served more fresh, local foods, would you eat...

- More school lunches
- Fewer school lunches
- The same number of school lunches
- Don't know

Food related activities in your school

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*22. Which of the following activities currently take place in your school?

	Very interested	Somewhat interested	Not interested	Need more information
School composting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School garden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School greenhouse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cafeteria menu planning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Food/farm activities in the classroom	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nutrition education in the classroom	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students connecting with local farms/farmers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Farm to School events	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Food related clubs (ie. cooking)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Farm related clubs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

23. Which of the following activities do you directly participate in?

- School composting
- School garden
- School greenhouse
- Cafeteria menu planning
- Food/farm activities in the classroom
- Nutrition education in the classroom
- Students connecting with local farms/farmers
- Farm to School events
- Food related clubs (ie. cooking)
- Farm related clubs
- Other (please specify)

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*24. How interested are you in being involved in the following activities?

	Very interested	Somewhat interested	Not interested	Need more information
School composting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School garden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School greenhouse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cafeteria menu planning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Food/farm activities in the classroom	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nutrition education in the classroom	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students connecting with local farms/farmers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Farm to School events	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Food related clubs (ie. cooking)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Farm related clubs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

*25. If you are interested in becoming involved, please give your name and homeroom number

- I am not interested
- Sign me up! Here's my name and homeroom number:

26. Anything else you'd like us to know about?